

Women in the Bible Study

The Women in the Bible Study will continue this week with a look at a story in the Gospel of Mark of two women who were strangely connected and who met Jesus one fateful day.

The study is called, "The Women in the Markan Sandwich."

We will meet on Wednesday, March 11 at 10 am. We'll put the coffee on!

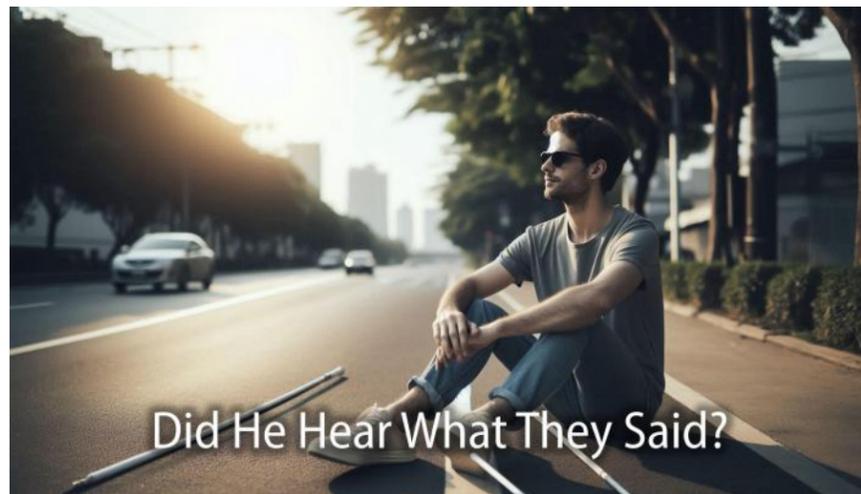


Today is the third Sunday in Lent and during this season, we traditionally have challenge for collecting something for one of our outreach programs. So today, we will continue our "Undie Sunday" challenge!

Underwear is often a much needed item for many people who access Hope Clothing, but we do not accept donations of used underwear. This Lent we are asking for donations of new underwear, underwear for everyone, children, men, women. If you can help out with this challenge, we will be collecting until Palm Sunday. And this time we will **NOT** be modelling our donations!!



Next Week's Sermon:



We are grateful to those who were involved in worship this morning:

Organist: Martin Bohl
 Worship Assistant: Sylvia Brooks
 Greeter: Marcus Cawthra
 Beadle: Brenda Holm
 Tech Team: Dylan Smith, Jacob Marsh & Laura Einwechter
 Sunday School leader: Dean Davidson

This Week at St. Andrew's Hespeler

Monday: Women's Empowerment group 1:00 pm
 Tuesday: Hope Clothing 9:00 am—11:30 am
 Tuesday: Women's Empowerment group 1:30 pm
 Tuesday: Mental Health Workshop 7:00 pm
 Wednesday: Women in the Bible Study 10:00 am
 Wednesday: Mobile Food Market 12:30 - 1:30 pm
 Wednesday: Special Session Meeting 7:00-9:00
 Thursday: Hope Clothing noon—2:00 pm
 Thursday: Food Bank noon—2:00 pm

Some important upcoming events

Mar 8: Cake Sunday!
 Mar 11: Session Meeting with Jonathan Tait about identity
 Mar 19: Hespeler Work Day!
 Mar 20: Preston Work Day!
 Mar 25: Session/Deacon call out
 Mar 29: Palm Sunday Parade
 Apr 5: Easter Celebration
 May 24: Pentecost Party
 May 24: Pentecost Party



PRESBYTERY OF WATERLOO-WELLINGTON The Presbytery of
PRESBYTERIAN CHURCH IN CANADA Waterloo-Wellington will
 be holding its meeting this Tuesday at Duff's Presbyterian
 Church (319 Brock Rd S, Puslinch ON N0B 2J0) at 7:00 pm.

The first hour of the meeting will be devoted to a workshop focusing on how mental health is a challenge for us as a community, as families and as individuals.

This workshop will offer us an opportunity to consider how we can make a positive difference. It will be led by representatives from Shalom Counselling who will also share with us their vital work. This workshop is open to all, so you are welcome to join us.

St. Andrew's Hespeler Presbyterian Church March 8, 2026 Third Sunday in Lent



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Office Hours: Monday—Friday 9am-12pm

Order of Worship. We will meet in person at 10 am. Or join us on Zoom or Facebook Live. The Zoom link will be posted on the website.

Prelude

Welcome

Call to worship

L: God's Truth opens our eyes on the world.

P: God's Spirit shatters our prejudice.

L: God's Truth nourishes our hearts.

P: God's Spirit encourages us in the face of fear.

L: God's Truth frees us from past mistakes and misunderstanding.

P: God's Spirit moves us to find new purpose in life.

L: So let us worship God in Spirit and in Truth.

Hymn #193 Out of my bondage, sorrow and night

Opening Prayer

L: Creator, Christ and Spirit you provide what we need to live, from the bounty of creation. God of mercy, you know us through and through and you love us. God of hope, you have an everlasting purpose for us. God of wisdom, you open our minds and teach and guide us. So we come to worship you, Source of Wisdom, Son of Mercy, Spirit of Hope, offering you our prayers and our praise, trusting you to offer us the gifts we need to thrive and to serve you in the world you love this day and always. **Amen.**

Laying Down Our Burdens

Responsive Psalm 95

L: O come, let us sing to the LORD;

P: let us make a joyful noise to the rock of our salvation!

L: Let us come into his presence with thanksgiving;

P: let us make a joyful noise to him with songs of praise!

L: For the LORD is a great God and a great King above all gods.

P: In his hand are the depths of the earth; the heights of the mountains are his also. The sea is his, for he made it, and the dry land, which his hands have formed.

L: O come, let us worship and bow down; let us kneel before the LORD, our Maker!

P: For he is our God, and we are the people of his pasture and the sheep of his hand.

L: O that today you would listen to his voice! Do not harden your hearts, as at Meribah, as on the day at Massah in the wilderness, when your ancestors tested me and put me to the proof, though they had seen my work.

P: For forty years I loathed that generation and said, "They are a people whose hearts go astray, and they do not regard my ways." Therefore in my anger I swore, "They shall not enter my rest."

Gospel: John 4:5-19 Read by Joanne

Old Testament: Exodus 17:1-7

¹ From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. ²The people quarreled with Moses and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" ³But the people thirsted there for water, and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" ⁴So Moses cried out to the LORD, "What shall I do for this people? They are almost ready to stone me." ⁵The LORD said to Moses, "Go on ahead of the people and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile and go. ⁶I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the

sight of the elders of Israel. ⁷He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

Hymn #708 When Israel was in Egypt's land

Family Time

Life and Work of the Church

Celebration of our Generosity

Offertory

Sermon: Moses' One Weird Trick to Teach the People About Freedom

Prayers of the People and Lord's Prayer

(... *forgive us our debts as we forgive our debtors...*)

Hymn #626 Lord of all power

Benediction

Choral Response #755 Go ye, go ye into the world

1. Go ye, go ye into the world, and make disciples of all the nations.

Go ye, go ye into the world, and I will be with you there!

2. Go ye, go ye into the world, and take the gospel to all the people.

Go ye, go ye into the world, and I will be with you there!

3. Go ye, go ye into the world, and tell the story to all believers.

Go ye, go ye into the world, and I will be with you there!

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Postlude

Work on the Tower

The tower on the south east corner of the Hespeler Sanctuary has a number of maintenance issues that the Operations Committee feels have been deferred for too long. These issues include (among others):

- Debris build up.
- Questions about a power supply
- Broken window.
- Deteriorating and unsafe wood structure
- Deteriorating floor joists
- Makeshift ladder that is not safe and should not be used.

The committee is proposing that this work must be tackled. Dean Davidson will speak to the congregation about the plan during the Life and Work of the Congregation.



Shared Work, Fellowship (and Pizza!)

Preston work day! We need your help as we start to refresh and clean our space in Preston to welcome the community in and start some new programs. It is March Break and some of our youth are going to be helping us. Our first work day will be on **Wednesday, March 18 from 10:00 am - about 12:30 pm**. We will begin with the main room by removing all of the tables, chairs, wall hangings, etc. and then tearing out the old carpet. We hope to leave this time and space ready to paint on the next work day. We will share a lunch (provided) together at the end of our work time. When removing the carpet people will be required to wear masks which will be provided. We would love to have anyone stop by to check out the space and the plans we are making, drop in for a chat, drop in to pick up a broom, come in for a coffee. For anyone who has not already seen our

space in Preston this would be a great time to come for a visit. If you can help out, please speak with either Steve Jones or Joni.



Hespeler work day! On **Thursday, March 19th from 10:30 am - noon(ish)** our youth will be in to help Brenda sort through,

organize and store all of the decorating supplies. If there is enough help, we can also tidy up and organize the supplies that are currently sitting behind the choir loft. We will end with a pizza lunch together. If you can help out, please speak with Joni.

Mission Moment: March 8

"I grew up among the baskets of fruit and boxes of soda. From a very young age, I helped," says 29-year-old Joselin. Her mother, the founder of the Roberto Huembes market in Nicaragua, headed up a family of modest means. "I did not manage to finish high school, since I was a very young mother and I had to work." Joselin attended skills workshops through a program with PWS&D's partner. "I became passionate about discovering my strengths and skills for business. I unearthed a dream I had since I was a teenager, and that is to become independent and have my own business." With the program's support, Joselin won a seed fund and was able to open a kiosk where she sells fruits and many other food items.

